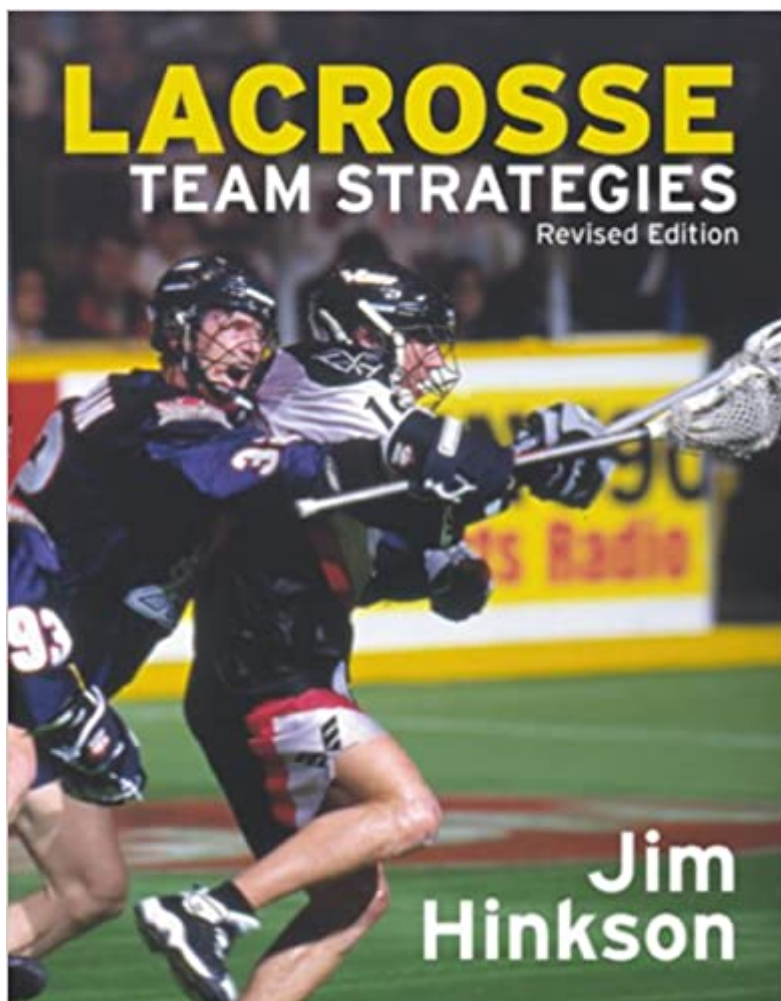


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# Lacrosse Team Strategies: The New Offense - Defense System



## Synopsis

Book by Hinkson, Jim

## Book Information

Paperback: 295 pages

Publisher: Warwick Publishing; Revised Edition edition (October 1, 2005)

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## Customer Reviews

Book by Hinkson, Jim

I coach outdoor lacrosse, a parent showed me this book, and after breezing through it, I bought it immediately (years and years ago). I am back to order it again to send it to a buddy who has never played lacrosse and is starting a youth program to coach his kids who are going to play outdoor and box. This book breaks down every part of the game for box. What it does better is break it down to the fundamental level, especially with picks. It gives all kinds of drills to do as well, so any coach could easily get through a lacrosse season just by using the drills in this book. I usually don't write reviews, though seeing a one star is prompted me to write this one. Yes, this is a box lacrosse book, so not a reason to give it a bad review just because someone wanted information on outdoor lacrosse. That one star review should be deleted as it's not on the content of the book and more on to give a proper description. Return the book and get an outdoor book instead of giving a bad review of a book. Very misleading.

I looked forward to getting this book. But when it arrived I was disappointed to find out its almost entirely about box lacrosse (5 on 5) rather than field lacrosse (9 on 9). While the picture on the cover is inside an arena, the title does not imply its only about box lacrosse. So be warned coaches, unless you are coaching box lacrosse, the book has limited value to you because the team

concepts in box and field lacrosse are entirely different.

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